

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Cedar County**

	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	17.0	18.8	16.9
No Health Coverage	16.2	17.2 H	12.8
B ehavioral Risk Factors			
Physical Inactivity	26.5	24.1	24.0
Current Smoker	26.2	26.7	26.4
Overweight (BMI 25-29.9)	43.7	35.6	35.3
Obese (BMI ≥ 30)	21.9	23.4	23.4
D isease and Conditions			
High Blood Pressure	28.1	27.4	28.9
High Cholesterol (35 years or older)	29.2 L	36.6	37.1
Asthma	11.8	11.2	10.8
Diabetes	5.3	6.4	7.2
Activity Limitation	20.5	17.6	17.9
C ancer Screening			
Women			
Never had a Mammogram	18.9	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	32.0	52.3	49.4
50-64 years of age	53.2	43.3	35.9
65 and older	64.7	51.3	47.4
Never had a Pap Test:			
18-69 years of age	6.7	4.5	5.1
70 and older	12.4	8.6	6.4
No Pap Test in Last Year (18-29)	47.0	28.1	25.8
No Pap Test in Last 3 Years (30-69)	16.9	13.8	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	56.6	51.4	57.0
No Blood Stool Test in Last Year	81.7	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	63.6 H	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	72.7 H	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Cedar county were obtained by combining data from Cedar, Dade and Lawrence counties.